

MATRIX KALEIDOSCOPE



MATRIX
HIGH SCHOOL



MHS
JUNIOR SCHOOL



MATRIX
JEE ACADEMY



MATRIX
NEET DIVISION



Musings by the Director

Dear Students,

I hope you are all doing well and feeling excited to learn something new every day. I want to share a simple but powerful message with you today — if you are willing to put in effort, you can achieve anything in life.

Success is not about luck or talent alone; it is about how hard you are ready to work and how strongly you believe in yourself. Think about M.S. Dhoni, who came from a small town and became one of India's greatest cricket captains. He was not born a champion — he became one through discipline, focus, and endless practice.

Or take the example of P.V. Sindhu, who worked tirelessly for years to win an Olympic medal for India. She faced many defeats, but she never gave up. Each setback made her stronger.

Even in academics, Dr. A.P.J. Abdul Kalam, our former President, started as a newspaper boy and went on to become a great scientist who inspired millions. His life teaches us that success comes to those who dream big and work hard.

Remember, the real battle is not outside — it is inside your own mind. If you can win over your laziness, fear, and doubt, nothing can stop you. The mind can be your best friend or your biggest enemy. Train it to stay positive, focused, and determined.

At Matrix High School, we believe every student has the power to shine. Whether it's studies, sports, art, or music — effort is the key to excellence. So, promise yourself today: "I will give my best, every single day."

Dream big, work hard, and believe in yourself. The world belongs to those who never stop trying.

★★★★★



Warm regards,
Mr Anil Gora
Director, Matrix High School

Symphony
Special



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Medley of Activities

Annual Function 'Symphony-2025': A Celebration of Legends (Day-1)

MHS Junior School proudly celebrated its Annual Day Symphony-2025 on October 13, 2025. The theme of this year's event was 'Legends', and it was a grand success! Students, teachers, and parents came together to pay tribute to some of the greatest legends of our time.

The evening began with a beautiful Ganesh Vandana dance performance, invoking Lord Ganesh's blessings for a successful and harmonious event. The students showcased a variety of performances, including dances, songs, and dramas, that paid tribute to the legends.



Let us have a look at the beautiful performances that rocked the stage on Day 1.

1. Rajnikanth- Dance (Nursery & Jr. KG)

The students of Nursery & Jr. Kg rocked the stage with a high-energy dance performance inspired by the one and only Thalaiva, Rajnikanth! The theme was "Rajni Style". The performance was a tribute to Rajnikanth's style, charisma, and superstardom, and our students did full justice to the theme. The audience was left cheering and whistling, demanding more!



2. Prithviraj Kapoor- Dance and Drama (Sr. KG & Classes I, III & IV)

The students of Sr. KG & Classes I, III & IV presented a captivating dance and drama performance paying tribute to the legendary Prithvi Raj Kapoor, a pioneer of Indian cinema and theatre. The performance was a heartfelt homage to his contributions to the world of entertainment.

The dance and drama performance took the audience on a journey through the life and times of Prithvi Raj Kapoor, showcasing his early days as a struggling actor to his rise as an iconic figure in Indian cinema. The students' energetic and emotive performances brought to life his most memorable roles and dialogues.



3. Sachin Tendulkar-Song and Dance (Class II)

The students of Class II presented a high-energy song and dance performance celebrating the legendary cricketer Sachin Tendulkar. The performance featured popular Bollywood songs with lyrics rewritten to highlight Sachin's achievements and passion for cricket. The dance sequence showcased Sachin's iconic batting styles, his triumphant moments, and his dedication to the sport. The performance was a fitting tribute to the Master Blaster, and the audience was left inspired by Sachin's remarkable journey and achievements.



4. Mary Com- Dance (Class III girls)

The students of Class III presented a captivating dance performance inspired by the unstoppable Mary Kom, the Olympic bronze medalist and five-time World Boxing Champion. The performance showcased her journey from a small village in Manipur to becoming a global boxing sensation. The dance sequence highlighted Mary's determination, grit, and passion for boxing, with energetic movements and powerful punches. The students' expressions and footwork brought her story to life, leaving the audience cheered and inspired by her remarkable achievements.



5. Gulzar Sahab- Dance (Class III boys)

The students of Class III presented a soulful dance performance inspired by the legendary poet and lyricist Gulzar Sahab. The performance featured a medley of his iconic songs, with the students' movements and expressions bringing his poetic words to life. The dance sequence captured the essence of Gulzar Sahab's romantic and philosophical style, with a blend of traditional and contemporary choreography.



6. Rabindranath Tagore- Dance (Class IV)

The students of Class IV presented a mesmerising dance performance inspired by the timeless works of Rabindranath Tagore, the legendary poet and Nobel laureate. The performance featured a fusion of traditional and contemporary dance styles, bringing to life Tagore's iconic poems and songs. The dance sequence captured the essence of Tagore's philosophy, spirituality, and love for nature, with the students' movements and expressions conveying the beauty and simplicity of his words. The performance was a fitting tribute to the Bard of Bengal, showcasing the enduring relevance of his work and ideas.



7. Operation Sindoor- Dance and Drama (classes III and IV)

The students of Classes III & IV presented a dance and drama performance highlighting the tragic events that led to Operation Sindoor in Kashmir. The performance depicted the senseless violence and terrorism that plagued the region, claiming innocent lives and disrupting peace.

The dance sequence showed the turmoil and chaos, with the students' movements conveying the fear, anxiety, and loss experienced by the people. The drama segment then shifted to the heroic efforts of the Indian security forces, who launched Operation Sindoor to restore peace and order.

The performance highlighted the bravery and sacrifice of our soldiers, who risked their lives to protect the innocent and bring perpetrators to justice. The students' energetic and emotive performances paid tribute to the fallen heroes and celebrated the success of the operation.



Annual Day Symphony- 2025 was a memorable evening filled with music, dance, drama and inspiration. The students' hard work and dedication shone bright, making it a truly unforgettable experience.



Annual Function 'Symphony-2025': Highlights (Day-2)

The second day of our Annual Function, held on 14th October, was a spectacular blend of talent, emotion, and inspiration. The theme of the day revolved around "Legends of India", where young minds brought to life the stories and achievements of great Indian personalities through mesmerising performances of drama, dance, and music. Each act was a tribute to the spirit, dedication, and greatness of these legends who continue to inspire generations.



Let's take a look at the wonderful performances that lit up the stage on Day 2.

1. Subhash Chandra Bose – Drama & Dance (VII Schooling)

The students of VII Schooling paid a heartfelt tribute to Netaji Subhash Chandra Bose through an engaging blend of drama and dance. Their powerful acting depicted Bose's courage, determination, and his call for freedom — "Give me blood, and I will give you freedom." The performance was filled with patriotic spirit and left the audience deeply moved.



2. Ahilya Bai Holkar – Drama & Dance (VI Foundation)

Students of the VI Foundation beautifully portrayed the life and legacy of Ahilya Bai Holkar, the great queen known for her wisdom, justice, and devotion. Through a graceful dance-drama, the students showcased how Ahilya Bai transformed her kingdom with compassion and strength. The performance highlighted the importance of leadership with kindness and earned huge applause from the crowd.



3. Ratan Tata – Drama & Dance VII Foundation & Schooling)

The joint presentation by the VII Foundation and Schooling brought Ratan Tata's life to the stage through a creative mix of drama and dance. The students depicted his journey as a visionary industrialist and philanthropist, showing how he built India's trust through integrity and innovation. The act inspired everyone to dream big while staying humble and grounded.



4. ISRO – Dance (VI Schooling)

The students of VI Schooling took the audience on a cosmic journey with their dance performance dedicated to ISRO — India's pride in space exploration. The rhythmic choreography symbolised the hard work and success of Indian scientists, celebrating missions like Chandrayaan and Mangalyaan. The energetic moves and futuristic theme made the performance truly out of this world.



5. A. R. Rahman – Dance (V)

The magic of music came alive as the V graders presented a vibrant dance tribute to A. R. Rahman, the maestro whose tunes have touched millions. Set to his most iconic compositions, the dance spread joy and nostalgia alike. The colourful costumes and rhythmic coordination reflected the universal language of music that Rahman stands for.



6. Lata Mangeshkar – Song (V)

To conclude the evening, the young singers of Class V paid a soulful tribute to the "Nightingale of India" — Lata Mangeshkar. Their melodious rendition of her timeless songs filled the atmosphere with emotion and admiration. The purity of their voices was a perfect way to honour the legacy of the legend who gave India its musical heartbeat.



Closing Note

Day 2 of the Annual Function was not just a series of performances — it was a journey through India's rich legacy. Each student shone brightly, reminding us that the spirit of these legends continues to live on in young hearts and creative minds.



Annual Function 'Symphony-2025': Cultural Spectrum (Day-3)

Day 3, of the Annual Function featured performances by students from classes VIII to XII, where they beautifully showcased their innate talents. It was dedicated to the Cultural Segment, celebrating the theme "Veerangana – The Spirit of Indian Valor and Devotion." Students presented mesmerizing acts on Meera Bai, Prithvi Raj Chauhan, Mahatma Gandhi's Dandi Yatra, Rani Laxmi Bai, Chhatrapati Shivaji Maharaj, and Sambhaji Maharaj. The motto of this segment was to represent the strength, sacrifice, and spiritual values that define India's soul—from Meera Bai's devotion and Gandhi Ji's peace to the bravery of our great warriors.



The entire event stood as a tribute to India's glorious past and the timeless heroes who shaped its destiny. The cultural segment of our Annual Function beautifully showcased India's glorious heritage through a series of inspiring performances.



So, here are a few glimpses of their performances.

Meera Bai (Vocal & Dance + Voice Over)

The Meera Bai event featured a wonderful dance performance by the girls of class XI. The program began with a soulful tribute to Meera Bai, the saint poetess devoted to Lord Krishna. This event was followed by a graceful dance performance portraying Meera's unwavering devotion and spiritual love for Krishna. The performers, dressed in vibrant traditional attire, used expressive gestures and rhythmic movements to bring her bhakti (devotion) to life. The audience enjoyed this performance.



Prithvi Raj Chauhan (Drama + Dance)

The students of class IX showcased their acting skills along with their dancing talent in the Prithviraj Chauhan event. It featured the powerful act on Raja Prithvi Raj Chauhan, Mohammad Gori, and Sanyukta. The drama highlighted his courage, patriotism, and love for his motherland. The performance skillfully combined dialogues, background narration, and a synchronized battle dance sequence of the victory of Prithvi Raj Chauhan, making the scene thrilling and full of royal energy. It reflected the theme of bravery and the undying spirit of Indian warriors.



Gandhi Ji – Dandi Yatra (Dance + Voice Over)

The performance on Mahatma Gandhi's Dandi March was a mesmerizing combination of dance and narration. Students portrayed the historic moment when Gandhi Ji led thousands in a peaceful march against the salt tax imposed by the British. The dance, set to patriotic music and expressive narration, depicted the power of truth, simplicity, and non-violence. It inspired everyone to follow the path of peace and determination.



Awards and Recognition

One of the most awaited moments of the Annual Function was the Awards Ceremony: Outstanding students were honored for their excellence in academics, sports, and co-curricular activities. The Principal and Director congratulated the achievers and encouraged everyone to keep striving for success. Smiles of pride and joy lit up the stage as each award was a reminder that hard work and dedication always lead to achievement.



Rani Laxmi Bai (Dance + Voice Over)

The Laxmi Bai event, presented by the students of class IX, was a unique and inspiring performance. The stage lit up with a breathtaking performance on the warrior queen of Jhansi. Students showed a powerful representation. The dance-drama portrayed her valor, leadership, and unyielding spirit during the 1857 freedom struggle. With swords, flags, and powerful background narration, the dancers depicted her bravery and iconic slogan — "Main apni Jhansi nahi doongi!" The audience was left in awe of the energy and patriotism that filled the air.



Shivaji Maharaj (Drama)

The enactment of Chhatrapati Shivaji Maharaj's life brought the Maratha pride alive. The students portrayed scenes of his courage, strategic leadership, and respect for women and his people. His vision of "Swaraj" was beautifully depicted through dialogue and dramatization, reminding everyone of the importance of unity and integrity.



Sambhaji Maharaj (Dance)

Following Shivaji's story, the dance on Sambhaji Maharaj—his brave son—was an energetic and emotional portrayal of valor and sacrifice. The performance, filled with intense music, coordinated formations, and warrior spirit, symbolized the continuation of courage and patriotism that defined the Maratha Empire.



Closing of the Events: Grand Performance

The Grand Performance by the students of class XII was a truly spectacular presentation. The stage came alive with the performance. This was a wonderful finale where students, dressed in colorful costumes, showcased India's unity in diversity. Their lively dance moves, graceful expressions, and perfect coordination amazed everyone in the audience.



It was a beautiful and joyful ending to Day 3 of our Annual Function, celebrating the true spirit of our country and its young talents.



Diwali Celebration at MHS Hostel

Matrix High School hostel students recently celebrated Diwali Night with great joy and enthusiasm. The event began with lighting Diyas and Prayers, followed by cultural performances of songs, and dances.



The reception area was beautifully decorated with rangolis, creating a warm, festive atmosphere. A special dinner was served, and students enjoyed the evening with laughter, music, and togetherness. The celebration truly reflected the spirit of Diwali — light, unity, and happiness.



School Trip to Amritsar & Gujarat

Students of Matrix High School recently went on an exciting educational tour to Amritsar and Gujarat, combining learning with fun. They visited the Statue of Unity, the Golden Temple, the Wagah Border, and more, exploring India's rich culture and heritage.



The trip strengthened friendships, encouraged teamwork, and created lasting memories for all. It was a wonderful blend of education, exploration, and enjoyment, leaving everyone with memories to cherish for a lifetime.



आशा का दीपक

गाँव के किनारे एक छोटा-सा बालक आकाश रहता था। उसका घर मिट्टी का था, पर उसका मन उजाले से भरा हुआ था। हर शाम जब सूरज ढलता और गाँव अंधकार में डूब जाता, तब आकाश अपने घर के बाहर एक छोटा-सा दिया जलाता। लोग मुस्कराते और कहते — “जब चारों ओर अंधेरा है, तो तेरे एक दिये से क्या फर्क पड़ेगा?” आकाश शांति से उत्तर देता — “अगर एक दिया भी जल जाए, तो अंधेरा थोड़ा तो कम होता ही है।” एक दिन गाँव के स्कूल में अचानक बिजली चली गई। पूरा स्कूल अंधकार में डूब गया, बच्चे पढ़ नहीं पा रहे थे। आकाश दौड़कर अपना दिया लेकर आया और मेज पर रख दिया। उसके इस छोटे से कदम ने सबके दिल को छू लिया। धीरे-धीरे बाकी बच्चों ने भी अपने-अपने दिये जला दिए, और कुछ ही देर में सारा स्कूल रोशनी से भर गया। वह दृश्य अद्भुत था — मानो आशा ने निराशा पर विजय पा ली हो। सभी के चेहरों पर चमक थी, यह सिर्फ दिये का प्रकाश नहीं था, बल्कि एक जागरूक मनुष्य का संकल्प था कि “मैं अकेला भी हूँ, तो फर्क ला सकता हूँ।” उस दिन से पूरे गाँव ने ठान लिया कि हर घर के बाहर हर शाम एक दिया जरूर जलेगा। कुछ ही दिनों में पूरी बस्ती रोशनी से जगमगा उठी। अंधेरे का साथ-साथ लोगों के मन का अंधकार भी मिटने लगा।

अब गाँव में न केवल दीये जलते थे, बल्कि हर हृदय में आशा की लौ भी जल उठी थी। आकाश ने सबको यह सिखाया कि समाज में परिवर्तन बड़े शब्दों से नहीं, छोटे-छोटे कर्मों से आता है। जो व्यक्ति स्वयं आगे बढ़ता है, वही दूसरों के लिए राह बनाता है। अगर हर व्यक्ति अपने हिस्से की जिम्मेदारी निभाए, तो दुनिया में कहीं भी अंधेरा नहीं रहेगा। समाज तभी उजाला पाता है जब हर हृदय में संवेदना, सहयोग और सच्चाई का दीप जलता है। यह कहानी केवल आकाश की नहीं, हम सबकी है — क्योंकि हम सबके भीतर भी एक छोटा-सा दिया जलने की प्रतीक्षा कर रहा है।

“बदलाव की शुरुआत दूसरों से नहीं, स्वयं से होती है।”

Milestones & Moments

Matrix Minds Conquer IOQM 2025!

Matrix High School students once again showcased their mathematical brilliance in the Indian Olympiad Qualifier in Mathematics (IOQM) 2025. The school proudly earned 51 certificates in total, including 32 at the national level and 19 at the state level. Among these achievers, 15 talented students qualified for the Regional Mathematical Olympiad (RMO- Stage 2), marking a significant milestone of academic excellence and dedication. Their

remarkable performance highlights the school's commitment to nurturing logical thinking, problem-solving skills, and perseverance among its learners. Heartiest congratulations to all the math wizards for their outstanding success! Ms Rajeshree Shihag (Principal) wished them the very best as they prepare for the next stage of this prestigious competition.



Aditya
Class: 9th



Chatwin
Class: 9th



Rahul
Class: 10th



Hardik
Class: 10th



Krish
Class: 10th



Parth
Class: 10th



Ayshu
Class: 10th



Ankit
Class: 11th



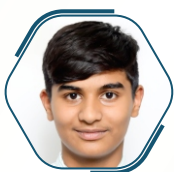
Deepanshu
Class: 11th



Dhruv
Class: 11th



Jai
Class: 11th



Nayan
Class: 11th



Sahil
Class: 12th



Ovia
Class: 12th



Tanuja
Class: 12th

Heartiest Congratulations!

Thought of the Month

“The two most important days in your life are the day you are born and the day you find out why.”

~Mark Twain

Life essentially pivots on two monumental days. The first grants you potential—the gift of human existence, a boundless starting point. It's the What of being.

The second day is the crucial discovery of purpose, which can be decoded in two profound ways:

1. The Worldly 'Why': This is finding your unique personal calling, the contribution that gives your life meaning and drives your passion. It transforms existence into active agency.

2. The Spiritual 'Why': Many traditions teach that the highest human purpose is salvation or self-realization. This journey uses the human birth as the ultimate opportunity to overcome material bonds and achieve liberation.

For us, the greatest endeavor is seeking this ultimate 'why.' Whether through worldly contribution or spiritual enlightenment, the goal is to make your life matter, utilizing the gift of birth to achieve its most profound end.

Ink & Insights

The Journey of Dreams

Within these gates our day unfold,
In laughter bright, in lessons old,
We chase our dreams with open eyes,
And watch new hopes and friendship rise.

Our books are ships that sail the mind,
Across the seas of "seek and find,"
With every class, however small,
New questions rise and answers call.

In growing roots, our memories stay,
Of playground sun and sports day play,
But deeper still, we come to see
How strong together, we can be.

May curiosity always guide,
With courage walking by our side,
For every path and joy we share
Makes school a place beyond compare.

Vihaan Vaishnav (X9CNO)

Keep Going

When days feel long and skies are grey,
Just take a step, you'll find your way.
Hold on, don't let your spirit break,
Take a step for hope's own sake.

The sun behind the clouds still shines,
Even if for now, it hides its signs.
Each foot you place on the ground
Will lead you where your heart is bound.

So breathe and trust, let worries go,
The darkest sky still makes things grow.
Take a step, a gentle start,
You'll find your strength within your heart.

When shadows fall and times seem tough,
You'll find your light is bright enough.
So keep your faith and don't forget,
To take a step, no matter yet.

Oneir Devraj (X9CN2)

The Cycle of Day

Evening sky turns orange and purple
Birds fly home the breeze feels cool
Stars come out quiet fills the night
The moon watches soft and bright
Morning comes, the sun climbs slow
The world feels new, ready to go.

Bhavika (XI Humanities)

Hard Work

I said, "Today I'll work, you see!"
But sleep said, "No! Just rest like me!"
My bed gave hugs so lovingly,
And books ran off – they all agree!

I tried to read, but got a yawn,
My brain said, "Buddy, hold it on!"
Then the chips and phone said, "Party's on!"
And all my hard work – poof! It's gone!

Mom came and said, "Now don't delay!"
I said, "I'll start... just not today."
She gave a look – I ran away,
Hard work can wait another day.

Suraj (X9CNO)

संघर्ष से सफलता तक

जीवन में दुख भी आने हैं,
और आके एक दिन जाने हैं।
जब समय चक्र बदल जाये,
पल में सब काम बिगड़ जाये।
धोका अपनों से मिल जाये,
हर और संकट मे बादल छा जाये।

तब बन्द करो तुम आँखों को,
कुछ पल खुद में खो जाओ।
शक्ति बजरंग बली से है तुम में,
उस शक्ति का तुम ध्यान करो।

श्रीराम को भी वनवास हुआ,
पर धैर्य को संग में साधा था।
फिर समय का पहिया घूमेगा,
लक्ष्यों पर केन्द्रित ध्यान करो
और बाणों का संधान करो।
बुरे समय से जो कुछ सीखा है,
उन बातों का सम्मान करो।

तुम उठो वीर स्वाभिमानी से,
तुम चढ़ो सफलता की सीढ़ी।
अडिग रहो जो तुम विपरीत काल में,
अब उसके फलों का स्वाद चखो।
हर युग में नायक बनते हैं,
इस युग के तुम नायक हो।
समय चक्र तो चलता है,
तुम हर समय का सम्मान करो।

Parth (X9CB5)

सफर एक कहानी मेरी

जब मैं था बस सात का बच्चा
हर चीज़ में लगता था अच्छा।
कागज की नावें, बारिश के गीत,
हर सपना लगता था सबसे अच्छा।

दस की उम्र में टंग बदले,
दोस्ती में कुछ राग फिसले।
कुछ हँसी पीछे छूट गई,
कुछ यादें बनकर छप गई।

तेरह में मन भटकने लगा,
हर बात में कुछ उलझन जगा।
सवाल थे गहरे, जवाब नहीं,
खामोशी थी, मगर नींद नहीं।

अब पंद्रह की राह में चल रहा,
हर गिरावट से मैं बल रहा।
झुकाव अभी भी साथ है मेरे,
आँखों में कुछ जज़्बात है घेरे।

हर साल ने एक पाठ पढ़ाया,
हर मोड़ ने कुछ रूप सजाया।
ये सफ़र मुझे रचाता जाता है,
और मैं खुद को पाता जाता हूँ।

Avika Choudhary (XIOCB1)

Footprints in Dusk

If only we had known,
The path we were walking on
Was gonna fork into two,
One for me, the other for you
Beneath the twilight's dimming hue
Our paths diverged
And neither of us knew,
It was the quiet adieu.

Vivek Singh (XI Humanities)

मैट्रिक्स का गौरव गान

मैट्रिक्स हाई स्कूल का यह विशाल प्रांगण,
जहाँ ज्ञान का हर कोना है मन भावन।
यहाँ शिक्षक दिल से पढ़ाते हैं हर पाठ,
और विद्यार्थी मन लगाकर चलें साथ।
यह उत्तम पर्यावरण ही इनकी पहचान है,
हर सफलता की नींव में बस यही जान है।

दसवीं और बाहरवीं के कीर्तिमान

अभिलासा ने दसवीं में 99.33% का तेज दिखाया।
ईशिता कुमारी ने भी 99% का दीप जलाया।
बारवीं में गूँजा नाम, गुणगुन का अपार,
हासिल किए 98.2% रच दिया स्वर्णिम सार।
विषयों में छात्रों का प्रदर्शन 10th Class (95%)
गणित में 271 छात्रों ने, 95% से ऊपर किया कमाल,
सामाजिक विज्ञान में 225, विज्ञान में 164 का विशाल जाल।

अंग्रेजी में 185 ने पाया उच्च स्थान
ज्ञान की यह क्रांति, है मैट्रिक्स की शान।

उच्च कक्षाओं की ऊँची उड़ान (96%+)

बायों में 237 और केमिस्ट्री में 231 96% से ऊपर की टोली,
गणित में 244 ने, खेती सफलता की होली।
हर विषय में प्रदर्शन अद्वितीय है यहाँ,
मेहनत का मीठा फल मिलता है जहाँ।

प्रतियोगिता और खेल का मैदान

NMTC के अंतिम चरण में 158 का चयन हुआ,
खेल के मैदान में भी देखो, कैसा जोश नया।
साल 2025 में जीते 113 पदक महान,
जिनमें 25 स्वर्ण हैं, यह है गौरव का निशान।
मैट्रिक्स हाई स्कूल, तुम विजयी रहो हर बार,
देश और शिक्षा जगत में, बढ़ता रहे तुम्हारा प्रसार।



**Jigar Kuntal
(X9CNO)**

“

I asked God for strength;
He gave me problems.
I asked for success;
He gave me struggles.
I asked for wisdom,
and He gave me mistakes.
And through it all,
He gave me everything I needed.

Yash Nemiwal (XII C-2)

”

Educator's Edge

नवभारत की हुंकार

सुनो तरुण तुम भारत के,
तिमिर मानस का त्याग दो !
नव सृजन करो हुंकार
भरो नभ में भी पताका गाड़ दो।
विश्व पटल पर राज करो तुम,
नीत नूतन प्रौद्योगिकी का
आविष्कार करो तुम!!
भारत की ऊर्जा से विश्व जगा है,
यह बात जगत को समझा दो,
नालंदा और तक्षशिला सा
ज्ञान धारा फैला दो।
रिपु की दृष्टि यदि वक्र पड़े
मां भारती पर, तो प्रचंड बनो,
चित्त स्थिर करो!
इस तरुणाई को आयुध बनाकर,
जल थल और
नभ में भी अपना पराक्रम सिद्ध करो!!
अरी का सीना चीर कर,
रणकौशल तुम दिखला दो।
रणचंडी सा घोष करो तुम,
भूमंडल को चेता दो!
भागवत का सार जगत को,
सरल शैली में समझा दो!
हम विश्व गुरु थे और विश्व गुरु हैं,
यह बात लोक में सिद्ध करो।
अरे! सुनो तरुण तुम भारत के,
तिमिर मानस का त्याग दो!
नव सृजन करो हुंकार भरो नभ में
भी पताका गाड़ दो।

श्री करणी कृपाल शर्मा
(Management Member)

ईश्वर और मैं

आजकल ईश्वर
ठीक मेरे बगल में सोता है...
जिस तरफ भी करवट लूँ
वो उस तरफ होता है...
चुप रहता है...
मेरी आँखें भी उसे देखते-देखते मूँदने लगती हैं...
जैसे ही नींद मेरी पलकों तक आती है
वो एक मुस्कान लिए बोल पड़ता है—
“कहो... कैसी लगी अब तक की कहानी...”
मैं आँखें खोलता हूँ...
और उसकी आँखों में देखता हूँ
बहुत कौतूहल है... बेचेनी...
और एक अनजाना डर...
मैं चुपचाप यूँ आँखें मूँद लेता हूँ
जैसे वो नहीं दिखता मुझे... मैं चाहता हूँ...
किसी दिन उसके बगल में सोना
और एक शांत आवाज़ में पूछना...
“कहो... कैसा लगा मेरा अभिनय...”

श्री रिकू यादव (PGT- Reasoning)

The Mirror Effect": How Social Media Influencers Are Rewiring Teen Behaviour

Social media influencers (SMIs) have become the modern-day celebrities for teenagers, but their impact goes far beyond fashion and trends. Our research explores how the constant digital companionship with SMIs fundamentally alters key aspects of adolescent behavior, often leading to a phenomenon we call the "Mirror Effect"—where a teen's self-perception and choices become a reflection of the curated digital world they consume.

I. Identity, Comparison, and Mental Health Behaviour

The adolescent years are defined by the quest for identity and self-worth, a process now heavily mediated by social media.

1. The Pressure to Perform and Unhealthy Comparison

The Behaviour: Teens constantly measure their authentic lives against the hyper-perfected digital versions of influencers, engaging in "upward social comparison." This leads to feelings of inadequacy, envy, and anxiety when they fall short of the fabricated ideal.

Psychological Support: Social Comparison Theory (Leon Festinger, 1954)

Theory Link: Festinger proposed that people have an innate drive to evaluate themselves by comparing their opinions and abilities to others. On social media, this becomes "upward comparison," which often results in negative self-evaluation because influencers only present the "highlight reel."

The Change: This comparison causes teens to filter, edit, and curate their own lives excessively to match the content they consume, resulting in less authentic self-expression.

2. Forming a Digital Identity

The Behaviour: Teens look to influencers as blueprints for who they should be, from their style to their values, incorporating these external ideals into their developing sense of self.

Psychological Support: Stages of Psychosocial Development (Erik Erikson, 1950s)

Theory Link: Erikson's stage of Identity vs. Role Confusion is central to adolescence. Teenagers seek to establish a sense of self and personal identity. Influencers act as powerful, accessible "role models" and sources of identity information, often overriding parental or community influence. The danger lies in adopting a confusing "role" that is an imitation, rather than a truly integrated "identity."

II. Consumption and the Power of Trust

The financial impact of SMIs is amplified by the unique sense of closeness they cultivate with their followers.

1. Impulsive Copycat Buying (The Parasocial Bond)

The Behaviour: Teens feel compelled to purchase promoted products (e.g., fashion, beauty, tech) immediately, driven by a belief in the influencer's sincerity. This goes beyond typical brand loyalty.

Psychological Support: Para-Social Interaction (Donald Horton and R. Richard Wohl, 1956)

Theory Link: This theory describes the one-sided, intimate connection a media user feels with a performer (now an influencer).

The follower develops a sense of trust and personal familiarity, which makes them highly vulnerable to the influencer's commercial suggestions, leading to impulsive purchasing behaviour just to acquire a "piece of the influencer's aspirational life."

2. Materialistic Reinforcement

The Behaviour: Influencers equate financial success and material possessions with happiness and personal worth.

The Change: Teens begin to define their own worth based on visible consumption and materialism, overshadowing non-material values.

III. Focus, Priorities, and Decision-Making

The mechanics of social media platforms contribute to changes in attention and time allocation.

1. The Displacement of Healthy Activities

The Behaviour: The highly engaging, addictive nature of platforms (driven by algorithms) leads to excessive time spent scrolling.

Psychological Support: The Principle of Least Effort (George Kingsley Zipf, 1949)

Theory Link: This principle suggests that humans naturally tend to choose the path of least resistance or effort. Scrolling social media is a low-effort activity that provides immediate, variable rewards (likes, new content), making it an easy and satisfying displacement for high-effort activities like studying, physical exercise, or face-to-face conflict resolution.

The Change: This results in time being pulled away from essential behaviors like sleep, physical activity, and in-person social interaction.

2. Reduced Critical Thinking

The Behaviour: Teens often absorb an influencer's opinions and "life hacks" without verification.

The Change: This bypasses healthy skepticism. Teens may adopt beliefs simply because they are presented by a perceived friend or role model, rather than engaging in critical thinking and independent research.

Actionable Takeaways for Matrix Newsletter Readers

Understanding these powerful psychological dynamics is the first step toward becoming a more informed digital citizen. We encourage all students to practice Digital Media Literacy with the following steps:

Stop Passive Scrolling (The Effort Test): Whenever you open an app, ask: "Am I doing this for pleasure or to fill a void?" If it's to fill a void, choose a slightly higher-effort, real-world activity instead (e.g., call a friend, take a walk).

Unfollow for Wellness (Filter Your Feed): Audit the accounts you follow. If an account consistently triggers upward comparison or makes you feel anxious, hit the Unfollow button. Prioritize accounts that inspire action (e.g., a tutorial, a new skill) over comparison.

Recognize the Performance (The Parasocial Check): Remind yourself that the influencer's content is their job, their "persona." You are a consumer of a performance, not a friend. This helps break the automatic trust that leads to impulsive spending or unhealthy habits.

Mr Mp Kumawat (PGT-English)

Creative Canvas



Jigar Kuntal (X9CNO)



Radhika (V-Daisy)



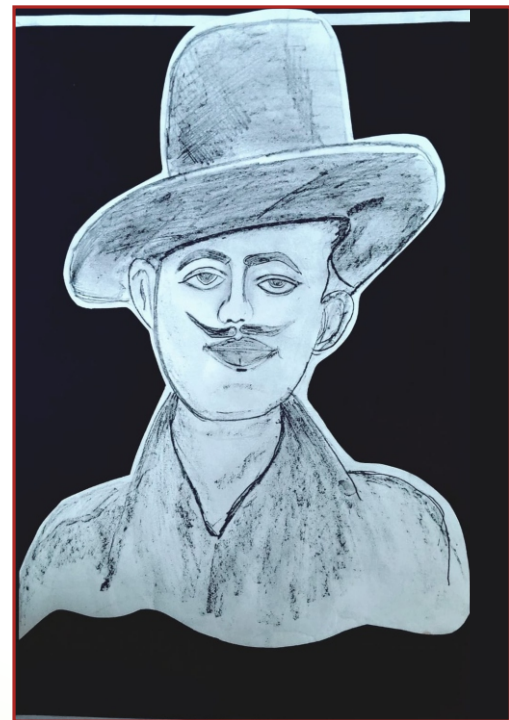
Kajal (XII-Humanities)



Jaishree (V-Lavender)



Devendra (V-Daisy)



Pahal (V-Orchid)

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MATRIX HIGH SCHOOL

Residential Campus, Gokulpura Near Bikaner-Jaipur bypass

Sanwali Circle, Sikar(Raj.)-332021

Phone - 01572-299956, 01572-242911, 97832-62999

Email -school@matrixedu.in

Website - www.matrixhighschool.org

Chief Editor:

Managing Editors:

Content Editors:

Wordsmiths:

Design and Layout Manager:

Photography Coordinator:

Social Media Managers:

Mr. Mp Kumawat

Mr. Anshul Surolia & Mr. Sandeep Saini

Mr. Nihal Singh, Ms. Heete Sharma, Ms. Priya Tiwari,

Mr. Abhinav Sharma, Mr. Shubham Sharma,

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Mr. Sourabh Mathur

Mr. Raj Kumar Pareek, Ms. Deepika

