

MATRIX KALEIDOSCOPE



Musings by the Principal

Dear Students, Parents, and Staff

I want to dedicate this piece to all the young women making a difference in their lives by accepting their significance, believing in themselves, and standing tall in the face of adversity.

The goal of Women's Day is not to elevate girls over boys. This is not a contest. It serves as a reminder that every girl already possesses the inner strength to grin despite adversity, to feel sufficient, and to confidently pursue her aspirations.

Empowerment is something that must be fostered rather than something that must be given. A girl will inevitably develop into a strong, confident person if she is loved, supported, and trusted. She just wants the room to believe in herself; she does not need to look for approval.

Parents, educators, and other adults, let us help our girls develop their confidence. Let us instill in them a sense of equality based on their inherent power rather than on comparison. And to all the boys who are reading this, empowerment is about building a world in which everyone stands together and strong, not about taking anything away from you.

Women's Day should be observed every day in the same way that we encourage, value, and believe in the potential of every female. Let us value this power.



Warm regards,
Ms. Rajeshree Shihag
Principal-Matrix High School



IN THIS ISSUE

- Medley of Activities
- Thought of the Month
- Athlete's Alley
- Milestones & Moments
- Ink & Insights
- Educator's Edge
- Creative Canvas

Medley of Activities

Counselling session: Hormonal Changes in Adolescents and Drug Abuse

A counselling session addressing drug abuse and hormonal changes in adolescents was conducted, aiming to provide students with crucial information and support during this vulnerable period. The session commenced with an open discussion about the physiological and emotional shifts associated with puberty, emphasizing the role of hormones in these changes. This included explanations of common experiences like mood swings, acne, and altered sleep patterns, normalizing these occurrences and reducing associated anxieties.

Subsequently, the conversation transitioned to the dangers of drug abuse, covering the various types of substances, their short-term and long-term effects on the developing brain and body, and the risks of addiction.



The counsellors highlighted the correlation between hormonal fluctuations and increased susceptibility to risky behaviours, including substance experimentation. Students were encouraged to develop healthy coping mechanisms for stress and emotional challenges, such as exercise, mindfulness, and open communication with trusted adults.

The session concluded with a Q&A segment, allowing students to address their specific concerns and receive personalized guidance. Resources, including contact information for local support services and online information portals, were provided to ensure ongoing access to help.

The overall goal was to empower students with knowledge, promote informed decision-making, and foster a supportive environment where they felt comfortable seeking assistance.



Fostering Student Development: Parent-Teacher Meeting

On March 11th, 2024, Matrix High School conducted a Parent-Teacher Meeting, providing a valuable platform for communication between educators and parents. These meetings are a crucial part of the school's commitment to fostering student development. The PTM served as an opportunity for teachers to share insights into students' academic progress, discuss areas of strength and potential improvement, and collaborate with parents to support each child's educational journey. Information available from the school's web presence shows that Matrix High School places a great importance on these meetings. The school also utilizes online platforms to showcase pictures of these events. This shows that we at MHS value documenting and sharing these important school events. These meetings allow for important dialogues that help create a supportive learning environment for all students.



Spell Bee Competition Award Ceremony

The Primary Wing of our school recently hosted a grand Spell Bee Competition Award Ceremony, a momentous occasion dedicated to celebrating the remarkable achievements of our young and talented spellers. The ceremony - a vibrant gathering of the principal, coordinators, students, and teachers - commenced with a heartfelt welcome address, where the exceptional



efforts of the winners were applauded, and all participants were encouraged to persist in their pursuit of linguistic excellence. The highlight of the event was undoubtedly the awarding of medals and certificates to the distinguished winners of the Spell Bee Competition, who, with beaming faces and palpable pride, received their well-earned accolades from our esteemed guests.



This moment of recognition served as a testament to their dedication, hard work, and exceptional spelling prowess, inspiring fellow students to strive for similar heights.

The ceremony not only acknowledged the winners' accomplishments but also fostered a spirit of healthy competition and a deep appreciation for the English language within the school community. The event concluded with a sense of collective accomplishment and renewed enthusiasm for future academic endeavors.

New Session Kicks off with Excitement and Fresh Beginnings

A new academic session commenced on 24th March for students of pre-primary, primary, and classes 6 to 9, bringing excitement and enthusiasm among young



learners. The school welcomed students with interactive activities, setting a positive tone for the year ahead.



Teachers and school staff ensured a smooth transition by introducing innovative learning techniques and structured lesson plans. Parents expressed hope for a productive year focused on academic excellence and holistic development. With all necessary arrangements in place, the school is geared up to provide a nurturing and engaging learning environment for students in the new session.

Chromatic Celebrations Mark a Harmonious Holi at Matrix High School

Matrix High School burst into colour with a vibrant Holi celebration. In a spectacular showcase of cultural appreciation and communal harmony, Matrix High School joyfully commemorated the Holi festival—the festival of colours—with a resplendent celebration on the campus



grounds on 14th March. The school courtyard became the epicenter of jubilant festivities and spirited revelry. Students and faculty alike engaged enthusiastically in a lively exchange of eco-friendly coloured powders, accompanied by the rhythmic beats of traditional folk songs. The air vibrated with laughter and vibrant hues, reflecting the joyous spirit of the festival.



The day concluded with a feast. The delectable treat was savored by all, further enhancing the sense of togetherness that marked the day. The Holi celebration at Matrix High School was not merely a festive occasion—it was a meaningful reminder of the school's commitment to fostering cultural appreciation and unity among its students. With hearts full of joy and faces adorned with every shade of the rainbow, the Matrix High School family bid farewell to a day well spent that truly embodied the spirit of Holi.



This Women's Day celebration was a testament to the school's unwavering dedication to shaping a brighter, more equitable future.



Empowerment in Bloom: Matrix High School Enthralls with a Jubilant Women's Day Commemoration

Empowering Voices, Inspiring Change

On March 8th, Matrix High School proudly celebrated International Women's Day with a grand event dedicated to honoring the achievements, resilience, and



contributions of women in various fields. The celebration was an inspiring blend of cultural performances, insightful speeches, and interactive sessions, all aimed at fostering empowerment and equality. The event commenced with a heartfelt welcome address by the school principal, who emphasized the significance of gender equality and the role of education in empowering young minds. Distinguished guests, including renowned educators and accomplished women professionals, graced the occasion and shared their inspiring journeys, leaving staff motivated to strive for excellence. Thought-provoking dialogues depicted the challenges faced by women and the triumph of perseverance, while melodious musical renditions paid tribute to the spirit of womanhood.



The celebration concluded with the dance of the staff, where they had fun, and the act of gift-giving added a heartwarming touch to the celebration, making every woman feel valued and cherished. The event left an indelible mark on the minds of attendees, reinforcing the values of respect, equality, and perseverance. Matrix High School remains committed to fostering an inclusive environment where every individual, regardless of gender, is encouraged to dream, achieve, and lead.



131 Students Felicitated for Outstanding Performance in Board Pattern Test

In a momentous celebration of academic excellence, 131 students were honored at the Board Pattern Test (BPT) Award Ceremony held at Matrix High School. The event recognized the meritorious performance of students from Classes 6 to 8 Schooling Batches, Foundation Batches, and Excellence Batches, reinforcing the institution's commitment to academic rigor.



Among the achievers, 23 students secured Rank 1, 27 students attained Rank 2, 25 students achieved Rank 3, 27 students earned Rank 4, and 29 students secured Rank 5. Their remarkable accomplishments were lauded by the esteemed management, faculty members, students, and peers during the ceremony.



Addressing the gathering, Rajeshree Shihag, Principal of Matrix High School, expressed pride in the students' achievements. "Success in academics is a testament to dedication, perseverance, and a strong will to excel. This recognition is not just a reward but a stepping stone toward greater milestones," she remarked.

The event concluded with an inspiring address by senior faculty members, motivating students to strive for excellence in future academic endeavors. The ceremony stood as a testament to the school's unwavering commitment to nurturing talent and fostering a culture of educational brilliance.

अनुशासन का महत्व

जीवन के हर क्षेत्र में अनुशासन बहुत महत्वपूर्ण भूमिका निभाता है, इसमें कोई संदेह नहीं है। प्राचीन साहित्य, जो सदियों से लोगों को प्रोत्साहित और प्रेरित करता रहा है, अनुशासन शब्द के महत्व को दर्शाता है। यह कहना गलत नहीं होगा कि योग शास्त्र के प्रणेता महर्षि पतंजलि थे और उनका पहला सूत्र था - "अथ योगानुशासनम्" - जिसका अर्थ है "अनुशासन ही योग है" या "योग की पहली सीढ़ी अनुशासन है।" अपने जीवन में अनुशासन को शामिल किए बिना कोई भी व्यक्ति योग को अपने जीवन में शामिल नहीं कर सकता है क्योंकि अनुशासन के माध्यम से व्यक्ति योग के क्षेत्र में सबसे बड़ा और सर्वोच्च स्थान प्राप्त कर सकता है। योग मार्ग में यम, नियम, आसन और प्राणायाम का सीधा संबंध अनुशासन से है जिसका अर्थ है स्वयं पर संयम। तभी हम योग की सर्वोच्च अवस्था को प्राप्त कर सकते हैं, क्योंकि आत्म-संयम के बिना योग का अभ्यास नहीं किया जा सकता है। यदि हम अपनी उपस्थिति बनाए नहीं रखते, अपनी आत्मा को नियंत्रित करने में सक्षम नहीं हैं और पूरी तरह से एकाग्र नहीं हो पाते हैं तो हम कुछ भी हासिल नहीं कर सकते। इन सबके लिए अनुशासन आवश्यक है। महर्षि पतंजलि ने "व्याकरण महाभाष्य" लिखा है जो विश्व का एक लोकप्रिय ग्रंथ है। यह महर्षि पाणिनि की "अष्टाध्यायी" पर एक टीका है और इस पुस्तक की शुरुआत "अथ शब्दानुशासनम्" से होती है। यहाँ अनुशासन का अर्थ व्याकरण है, शब्दों का पंजीकरण। व्याकरण शास्त्र में भर्तृहरि ने कहा है कि शब्द ऋषियों के समान हैं और ब्रह्मांड में ब्रह्म का जो स्थान है, वही व्यावहारिक जीवन में शब्दों का है। भर्तृहरि ने लिखा है-

**"इदमन्धतमः कृत्स्नं जायेत भुवनत्रयम्।
यदि शब्दाह्वयं ज्योतिरासंसारं न दीप्यते॥**

Thought of the Month

**War and violence can
give you space in
a million minds but
not in a single heart.**

~Mp Kumawat

Consider this perspective: Engaging in conflict may enhance one's visibility, leading to increased discourse about an individual. However, such attention does not necessarily equate to genuine admiration or affection. It is analogous to achieving notoriety for unfavorable actions; individuals may recall your name, yet they do not cultivate a sense of closeness to you. True influence, which holds significant value, derives from exhibiting kindness and empathy. This is the foundation upon which meaningful connections with others are established. Although aggressive behavior may attract attention, it does not foster emotional bonds. Demonstrating compassion and care is what earns true respect and creates lasting recognition for commendable reasons. Therefore, it is prudent to cultivate relationships founded on kindness rather than coercion. This approach will yield profound significance and enduring connections.

Athlete's Alley

खेल प्रतियोगिता का आयोजन

मैट्रिक्स हाई स्कूल प्रांगण में खेल प्रतियोगिता का आयोजन हुआ। इस प्रतियोगिता में क्रिकेट, बैडमिंटन, रस्साकस्सी जैसे विभिन्न खेलों का आयोजन रखा गया जिसमें इंटर क्लास के विद्यार्थियों ने बढ़-चढ़कर हिस्सा लिया।

इस प्रतियोगिता का उद्देश्य विद्यार्थियों में खेल भावना का विकास करना था। सभी विद्यार्थियों ने इस प्रतियोगिता में ईमानदारी का परिचय देते हुए खेल भावना से विभिन्न खेल खेले। क्रिकेट खेल में फाइनल मुकाबला विज्ञान एवं कला वर्ग के मध्य हुआ जिसमें कला वर्ग के विद्यार्थी विजय रहे। इस प्रतियोगिता में विजयी रहने वाले संपूर्ण विद्यार्थियों को विद्यालय मैनेजमेंट टीम ने मेडल पहनाकर सम्मानित किया और उनके उज्ज्वल भविष्य की कामना की।



Milestones & Moments

Matrix High School Achieves Impressive Results in KAMP-NASTA; Four Students Earn District Top Ranks

Students from Matrix High School have demonstrated extraordinary achievement in the Knowledge and Awareness Mapping Platform – National Assessment for Scientific Temperament and Aptitude (KAMP-NASTA), securing top positions at the district level. This assessment, which evaluates students' scientific temperament, reasoning skills, and problem-solving abilities, reflected the hard work and dedication of the school's participants.

Among the standout achievers, Arnav (Class 6), Daksh (Class 8), Kavyansh (Class 9), and Yash (Class 10) have all earned the distinction of District Toppers. Their success highlights their deep understanding of scientific concepts and strong analytical skills. This accomplishment showcases not only their individual diligence but also underscores the importance of critical thinking and a solid foundation in science and technology.

In addition to the district toppers, numerous students excelled at the class level, making a mark as Class Toppers. This group includes Mayank, Vedant, and Nehal from Class 7, as well as Muskan, Kanishka, Naman from Class 9, and Tarun, Dheeraj, and Daksh from Class 10. Their achievements reflect the school's commitment to promoting intellectual curiosity, academic excellence, and a spirit of inquiry among students.

A Commitment to Academic Excellence:

The impressive performance of these students in KAMP-NASTA highlights Matrix High School's unwavering commitment to nurturing a strong academic foundation in science and technology. The rigorous preparation, supportive mentorship, and the dedication from both students and faculty played a crucial role in this achievement.

Principal Ms. Rajeshree Shihag congratulated the students, stating, "Our students have demonstrated exceptional aptitude in this prestigious assessment, affirming our school's dedication to fostering scientific thinking and logical reasoning. Their hard work and perseverance are commendable, and we are proud to witness their accomplishments at both the district and class levels."

About KAMP-NASTA:

KAMP-NASTA is a national-level initiative aimed at enhancing students' scientific temperament, problem-solving abilities, and application-based learning. The program seeks to discover young scientific minds and encourage them to explore the expansive fields of science and technology beyond traditional education.

This notable achievement sets a new standard for Matrix High School, motivating other students to pursue academic excellence. The recognition of their efforts serves as an inspiration for future learners, reinforcing the school's tradition of producing bright, inquisitive, and academically focused individuals.

DISTRICT TOPPERS



ARNAV
Class: 6th



DAKSH
Class: 8th



KAVYANSH
Class: 9th



YASH
Class: 10th

Heartiest Congratulations!

Class Topper



MAYANK
Class: 7th

Class Topper



VEDANT
Class: 7th

Class Topper



NEHAL
Class: 7th

Class Topper



MUSKAN
Class: 9th

Class Topper



KANISHKA
Class: 9th

Class Topper



NAMAN
Class: 9th

Class Topper



TARUN
Class: 10th

Class Topper



DHEERAJ
Class: 10th

Class Topper



DAKSH
Class: 10th

4

DISTRICT TOPPERS

CLASS TOPPERS

9

Young Minds Illuminate the Stage at Vidyarthi Vigyan Manthan

In a remarkable showcase of their scientific prowess, the students of Matric High School have earned prestigious ranks at the Vidyarthi Vigyan Manthan (VVM), a revered national-level science talent search orchestrated by Vijnana Bharati, in collaboration with NCERT and Vigyan Prasar. This challenging examination is meticulously crafted to evaluate not only students' conceptual clarity but also their analytical reasoning skills and understanding of India's rich scientific heritage. The students' outstanding performance has set a new benchmark for academic excellence within the institution.

Leading the charge was Akshit Choudhary from Class 9, who proudly clinched the title of Sikar Topper, marking a significant milestone in his academic journey. His achievement, along with those of other talented candidates—Ayush, Neeraj, and Umesh from Class 7, Tanuj and Bhavya from Class 8, Khushi and Navesh from Class 9, and Hardik, Anuj, and Gaurav from Class 10—reflects their remarkable proficiency and dedication to the field of science. This success not only highlights the individual talents of these young scholars but also emphasizes Matrix High School's commitment to fostering an educational environment that nurtures scientific inquiry and critical thinking.



Sikar Topper
AKSHIT CHOUDHARY
Class: 9th



AYUSH (Class 7th)



NEERAJ (Class 7th)



UMESH (Class 7th)



TANUJ (Class 8th)

Heartiest Congratulations!



BHAVYA (Class 8th)



KHUSHI (Class 9th)



NAVESH (Class 9th)



HARDIK (Class 10th)



ANUJ (Class 10th)



GAURAV (Class 10th)

Students Of Our School Shine In The International Hindi Organisation

Our school community is filled with immense pride following the exceptional performance of our students in the International Hindi Organisation's annual competition, where they secured an outstanding 38 gold medals. This remarkable achievement stands as a powerful testament to the students' profound proficiency in the Hindi language, a direct result of their unwavering dedication and diligent study. The sheer volume of gold medals earned underscores not only the students' individual talents but also the effectiveness of our school's comprehensive Hindi language program. This success is a reflection of the collective effort of our students, teachers, and staff, whose collaborative commitment has fostered an environment conducive to academic excellence. We extend our heartfelt congratulations to each and every student who participated, acknowledging their hard work, passion for learning, and dedication to mastering the Hindi language. Their achievement is a source of inspiration for our entire school and serves as a powerful reminder of the heights that can be reached through perseverance and dedication. This victory is a celebration of their commitment to excellence and a proud moment for our institution.

38 GOLD Medals

International Hindi Organization



Hindi Olympiad Results: Pre-primary Kids Shine!

7 Gold Medals









2 Silver Medals




1 Bronze Medal



Kudos to our Junior Hindi Champs!

"The recent Hindi Olympiad witnessed an exceptional display of talent and dedication from our pre-primary students, who collectively earned ten medals, a testament to their budding linguistic prowess. With an impressive haul of seven gold medals, alongside two silver and one bronze, our young learners have demonstrated a remarkable grasp of the Hindi language, showcasing not only their individual abilities but also the effectiveness of the foundational education they are receiving. This achievement stands as a powerful reflection of the students' diligent efforts, coupled with the unwavering commitment and tireless preparation provided by our dedicated teachers. Their expertise and guidance proved instrumental in nurturing the students' potential, transforming them into confident participants and ultimately, successful medalists. We extend our warmest congratulations to each and every winner, acknowledging their hard-earned success, and express our profound gratitude to our teaching staff, whose invaluable contribution has made this achievement possible, setting a strong precedent for future academic endeavors."

Our Students Shine at International Social Studies Olympiad (ISSO) 2024-25

Our students have once again showcased their academic excellence in the International Social Studies Olympiad (ISSO) 2024-25. A total of 36 students from the school have secured the prestigious Gold Medal of Distinction, bringing pride to the institution.


Among them, Ankesh Garhwal from Class 10 has been recognized with a special honor, receiving gifts worth ₹500 along with his gold medal. The outstanding performance of students from Classes 5 to 10 highlights the school's dedication to academic excellence and holistic development.

The school administration and faculty congratulated the winners for their remarkable achievements, motivating them to continue excelling in future competitions.



















































MATRIX HIGH SCHOOL

International Social Studies Olympiad

ISSO
Result 2024-25



Gifts Worth ₹ 500/-
Gold Medal of Distinction
ANKESH GARHWAL
Class - 10

Congratulations to our 36 Gold Medalists!

MHS Junior School Shines at International Computer Science Olympiad (ICSO) 2024-25

A Triumph of Young Minds in the Realm of Computing MHS Junior School is thrilled to announce the remarkable success of our students in the prestigious International Computer Science Olympiad (ICSO) 2024-25. Our young prodigies have demonstrated exceptional talent and a profound understanding of computer science, securing an impressive six gold medals. This achievement not only reflects the students' dedication and hard work but also underscores the school's commitment to nurturing future innovators and leaders in technology.

The following students have brought immense pride and glory to MHS Junior School with their outstanding performance:

Advit Kok (Class 1): A budding computer scientist who has shown remarkable aptitude at a very young age.

Divyansh (Class 1): Demonstrating exceptional problem-solving skills, Divyansh has excelled in the competition.

Kian Gora (Class 1): Kian's achievement highlights his keen interest and early mastery of computer science concepts.

Nayra Khan (Class 2): Nayra's success showcases her talent and dedication, setting a high standard for her peers.

Shivam Garhwal (Class 3): Shivam's performance reflects his strong grasp of computer science principles and problem-solving abilities.

Sahil (Class 4): Sahil's achievement demonstrates his advanced understanding and application of computer science concepts.

These young achievers have not only showcased their individual brilliance but also highlighted the effectiveness of the school's educational approach, which emphasizes critical thinking, problem-solving, and a deep understanding of core concepts. The success of our students is a testament to the tireless efforts of our dedicated teachers, who have provided invaluable guidance and support throughout their learning journey.

MHS Junior School believes in fostering a learning environment that encourages curiosity, innovation, and a passion for technology. We are immensely proud of our students' achievements and are confident that they will continue to excel in their academic pursuits. We wish them all the best in their future endeavors and look forward to witnessing their continued success.

Congratulations to our young geniuses!

MHS JUNIOR SCHOOL

International Computer Science Olympiad

ICSO
Result 2024-25

6 GOLD Medals



ADVIT KOK
Class - 1



DIVYANSH
Class - 1



KIAN GORA
Class - 1



NAYRA KHAN
Class - 2



SHIVAM GARHWAL
Class - 3



SAHIL
Class - 4

Well Done, Geniuses!



Ink & Insights

The First Bell

New shoes tight, a bag so wide,
Holding hands, I step inside.
A world unknown, yet bright and new,
With walls so tall and sky so blue.

The bell rings loud, my heart beats fast,
Will this moment forever last?
Eyes around, but none I know,
Still, something tells me I will grow.

A gentle smile, a voice so kind,
Come, sit here, a friend I find.
The fear fades, the joy begins,
A brand-new journey now within.

At day's end, I laugh and say,
I'll love my school in every way!

~Yash Nemiwal (X12C2)

The First Step to Success

The first step to success is to conquer procrastination. It is like your enemy on the path to success. Many things will try to stop you from succeeding; they will act as barriers in your journey. One of these, and the most difficult barrier, is procrastination. This is a barrier that must be tackled from the beginning of your journey till the end of your life because if you can't face it once, you can't achieve success.

Whenever we start something new, after a few days, the first thing that comes to our mind is not to do it now—we think, "I'll do it tomorrow," and that tomorrow never comes. That is procrastination.

There are many ways to conquer it. I am going to share one:

The method is called 5-4-3-2-1-GO! It is very effective for overcoming procrastination. Every time we think about doing something tomorrow or feel lazy, we should stop doing nothing and just lie on the floor or bed, count backwards from 5 to 1, then jump out of the bed or spot and say, "I am going to do that work!" and actually do it. This way, you are determined to take action without delay.

~Naman Amola (X10CNI)

The Boy and The Echo

In a quiet village surrounded by mountains, there was a boy who would often yell unkind words from the hillside and hear the echoes bounce back. He would always believe that the mountains were cruel to him. One day, frustrated, he told his grandfather about it. The grandfather smiled and said, "Try speaking kindly instead." Reluctantly, the boy went to the hills and softly said, "You are beautiful." The echo returned, "You are beautiful." Then again, "I am happy." The mountains whispered back, "I am happy." The boy realized something very important. What we give to the world, it gives back to us. From that day on, he chose to speak kindness, knowing that kindness would always come back to him. The world reflects what we put into it — whether it's love or fear, kindness or cruelty. This boy learnt the power in his words, not just to change the hearts of others, but his world too.

~Aryan Shekhawat (X10CNI)

OH ! HISTORY

Oh! History
Never I can solve your mystery!
Sometimes there is Jai Singh I
And sometimes Jai Singh II
Confuses me a lot
I always think it's what!

Whenever I learn 1889
After sometimes it becomes 1984
And again this 94, 84
84, 94 confuses me a lot
It's what!
Oh! History
Never I can solve your mystery!
It makes me feel what's
There in past
As our ancestors said 'I live in
Past & believe in future
No, no it's believe in past & live in future
No, no it's believe in present
Live in past ohho!
Again this past has made me confused
That's why I always say
Oh! History
Never I can solve your mystery.

~Suhani (X10CNO)

That Powerful Bond between Father and Daughter

A father and daughter share a special bond
This bond they share is undesirable
If you have it you will never let it go
If you don't, you will spend forever looking for it.

Daughters want acceptance from their fathers
Father wants the best for their daughters
There is no love more powerful
When you see it, it is unremarkable
You will sacrifice everything for the other
never imagine loving them
They do so much for you, but you barely notice
They know you appreciate it though
You look up to them for guidance
They will always catch you before you fall
When times are rough you know they are there
You love them with everything you have.

~Peeya (X10CNI)

The Magic of Song

A song can make you dance and smile,
Or sit and dream for a little while.
Soft and sweet or loud and strong,
Happiness lives inside a song.
It tells a story, deep and bright,
Filling hearts with pure delight.
So sing along, don't be shy,
Let your voice just touch the sky.

~Jiya Yadav (X10CNI)

The Nature Walk

Take a nature walk around you,
Take a nature walk around you,
You will see and learn many things new,
And will find secrets a few
You will know something unknowingly
That will make you very pleasantly
Take a nature walk around you,
Take a nature walk around you
If you get a chance to get in zoo,
So see lions, monkeys and birds too
See the habits of butterfly,
which is flying very slyly,
Take a nature walk around you,
Take a nature walk around you.

~Kamna (X10CNO)

वो सुनहरा बचपन

बचपन के दिन एक बचपन का जमाना था,
जिसमें खुशियों का खज़ाना था
चाहत चाँद को पाने की थी,
पर दिल तितली का दिवाना था
खबर ना थी कुछ सुबह की,
ना शाम का ठिकाना था...
थककर आना स्कूल से,
पर खेलने भी जाना था
माँ की कहानी थी,
परियों का फसाना था...
बारिश में कागज़ की नाव थी,
हर मौसम सुहाना था...
रोने की वजह न थी,
ना हँसने का बहाना था...
क्यों हो गए हम इतने बड़े,
इससे अच्छा तो वो बचपन का जमाना था...
वो बचपन का जमाना था...

~Jeeya (X10CNI)

What is life ?

Life is not a game
But is a chance given by God,
To achieve the aim
Life is aim,
Life is neither a joke,
Nor it's a hope.
We can compare life with water
Nor with quotes,
Anything can happen at any time and at any place,
To achieve the goal in our life,
we should always be like a knife,
Take your life serious,
Otherwise it will be quite curious.

~Mahi Luna (X10CNI)



Educator's Edge

Physics + Life = Solutions

Physics is not just about formulas and equations; it is a way of thinking that applies to life itself. Just as physics helps us understand the mysteries of the universe, life presents us with challenges that require logic, patience, and determination to solve. Newton's First Law teaches us that an object in motion stays in motion unless acted upon by an external force. Similarly, in life, if you keep moving forward with dedication, no obstacle can stop you. The concept of energy conservation reminds us that no effort goes to waste—every step you take today builds your future. Remember, success is not just about intelligence; it's about perseverance and the willingness to learn from failures. Like a scientist testing a hypothesis, never fear making mistakes. Every mistake is a lesson that brings you closer to the right answer. Keep questioning, keep learning, and keep growing—because both in physics and in life, every problem has a solution!



~Mr. Hanuman Singh
(PGT-Physics)

The Role of School Parents and Environment in Shaping a Child's Future

Education is not just about learning subjects; it is about shaping a child's character, values, and overall personality. Schools, parents, and the environment together play a crucial role in nurturing children into responsible and capable individuals.

The School: A Second Home

A school is often called a child's second home because it is where they spend most of their formative years. It provides not just academic knowledge but also life skills, discipline, teamwork, and moral values. Teachers act as mentors, guiding students to explore their potential, develop confidence, and face challenges. Schools also offer extracurricular activities like sports, arts, and debates, helping children discover their interests and talents.

The Role of Parents: First Teachers

Parents are a child's first teachers. They lay the foundation of values, discipline, and emotional strength. A child learns to speak, behave, and interact with the world based on what they observe at home. Parents must provide emotional support, encourage curiosity, and help their children balance academics and extracurricular activities. A positive parent-child relationship fosters self-confidence and a sense of security.

The Influence of the Environment

The environment in which a child grows has a significant impact on their personality.

A positive and encouraging atmosphere at home and school boosts self-esteem and creativity. Surrounding children with supportive friends, good books, and constructive activities helps in developing good habits and decision-making skills. On the other hand, a negative

environment filled with stress, unhealthy competition, or lack of encouragement can hinder a child's growth.

Conclusion

The development of a child is a shared responsibility of schools, parents, and society. Schools provide education and discipline, parents offer love and guidance, and the environment shapes their character. By working together, we can ensure that children grow into responsible, kind, and successful individuals, ready to face the future with confidence. This is how we build a better tomorrow—by nurturing the young minds of today. This is how we build a better tomorrow—by nurturing the young minds of today.

~Mr. Vijendera Choudhary (Clat Faculty)

Let's Understand Psychology Why It Matters!

Psychology is the study of the mind and behaviour. It helps us understand why people think, feel, and act the way they do. Just like doctors take care of our physical health, psychologists help with our mental and emotional well-being.

HOW WE USE PSYCHOLOGY IN DAILY LIFE?

Psychology is everywhere! You use it even when you don't realize it. Here's how:

In School – It helps students focus, manage stress, and build good study habits. Teachers also use psychology to understand how students learn best.

In Friendships & Family – It teaches us how to communicate better, understand feelings, and healthily solve conflicts.

In Decision-Making – Whether choosing a career, handling pressure, or making small choices, psychology helps us think clearly and make good decisions.

For Mental Health – Just like we visit a doctor when we are physically sick, psychologists help when we feel anxious, stressed, or sad. Talking to someone can make a big difference.

WHY DOES PSYCHOLOGY MATTER?

This is important in everyday life because:

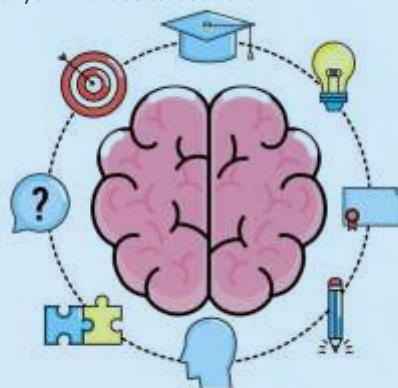
It Helps Us Manage Emotions – We all feel happy, sad, angry, or stressed. Psychology helps us healthily handle these feelings.

It Improves Relationships – Understanding psychology helps us communicate better with friends, family, and teachers. It teaches us how to listen, express feelings, and solve conflicts.

It Boosts Learning & Focus – Psychology helps students develop good study habits, stay motivated, and manage exam stress.

It Supports Mental Health – Just like we take care of our body, we also need to take care of our mind. Psychology helps people deal with anxiety, stress, and sadness.

It Helps in Decision-Making – From choosing a career to making daily choices, psychology helps us think clearly and make better decisions.



WHY DOES PSYCHOLOGY MATTER IN SCHOOL?

For Students

Better Focus & Learning – Psychology helps in developing good study habits, improving memory, and staying motivated.

Handling Stress & Exams – It teaches ways to manage stress, stay calm, and prepare better for exams.

Building Confidence & Friendships – Understanding emotions helps students communicate better, make friends, and solve problems without fights.

For Teachers

Understanding Students – Psychology helps teachers know how different students learn and what challenges they face.

Creating a Positive Classroom – It helps in handling classroom behavior and making learning fun and stress-free.

Supporting Mental Well-being – Teachers can use psychology to support students emotionally and encourage a growth mindset.

For Parents

Better Communication – Psychology helps parents understand their child's feelings and thoughts, making parenting easier.

Handling Tantrums & Teenage Issues – It gives tips on how to guide children with patience instead of punishments.

Raising Happy & Confident Kids – Understanding child psychology helps parents nurture their child's strengths and support them emotionally.

~Ms. ISHIKA JAIN (PGT-Psychology)

The Unshaken

Let not your creative magnificence collapse as you navigate the present moment.

Let not fear and numbness betray the bravery within you, for fear is but a shadow.

Let not your most desired dreams be denied, for within you lies the power to realize them.

Let not the noise outside invade your innocent heart and leave you shattered and devastated.

Let not the temporary frigid winters dishearten you, for nothing is permanent and you are exactly where you need to be - Pay heed to the call of growth, live the life of a genius, and live the life you love.

~Ms. Akashini Samurailatpam (PRT-English)

The Light of Learning

A teacher's words, like seeds they fall,

In eager minds, so bright, so small.

With patience, care, and steady hands,

They nurture dreams like golden sands.

Not just in books, but hearts they write,

A spark of hope, a guiding light.

Through trials faced and lessons learned,

They shape the fire that brightly burns.

A student's path may twist and turn,

Yet wisdom's glow will always burn.

For those who teach, the gift they share,

Is knowledge given with love and care.



Mr. Gulshan kumar
(TGT-English)

Creative Canvas



- Arjun (Class-5 Iris)



- Shashwat (Class-5 Iris)



- Pushpanjali (12th Arts)



- Vihan (Class-5 Daisy)



- Aradhya Shekhawat (Class-5 Iris)



- Nidhi Dilip Rokaya (Class-6)



Published in April 2025 by



MATRIX HIGH SCHOOL

Residential Campus, Gokulpura Near Bikaner-Jaipur bypass
Sanwali Circle, Sikar(Raj.)-332021
Phone - 01572-299956, 01572-242911, 97832-62999
Email - school@matrixedu.in
Website - www.matrixhighschool.org

Chief Editor:

Mr. Mp Kumawat

Managing Editors:

Mr. Anshul Surolia & Mr. Sandeep Saini

Content Editors:

Mr. Ravi Sharma, Mr. Hariom Baheti, Mr. Nihal Singh,
Ms. Heete Sharma, Ms. Priya Tiwari, Mr. Gulshan Shrivastava,
Mr. Shubham Sharma, Ms. Renu Choudhary,
Ms. Akashini Samurailatpam

Design and Layout Manager:

Mr. Suresh Kumar (Senior)
Mr. Deep Chaudhary (Asst.)

Photography Coordinator:

Mr. Yogesh

Social Media Manager:

Ms. Deepika